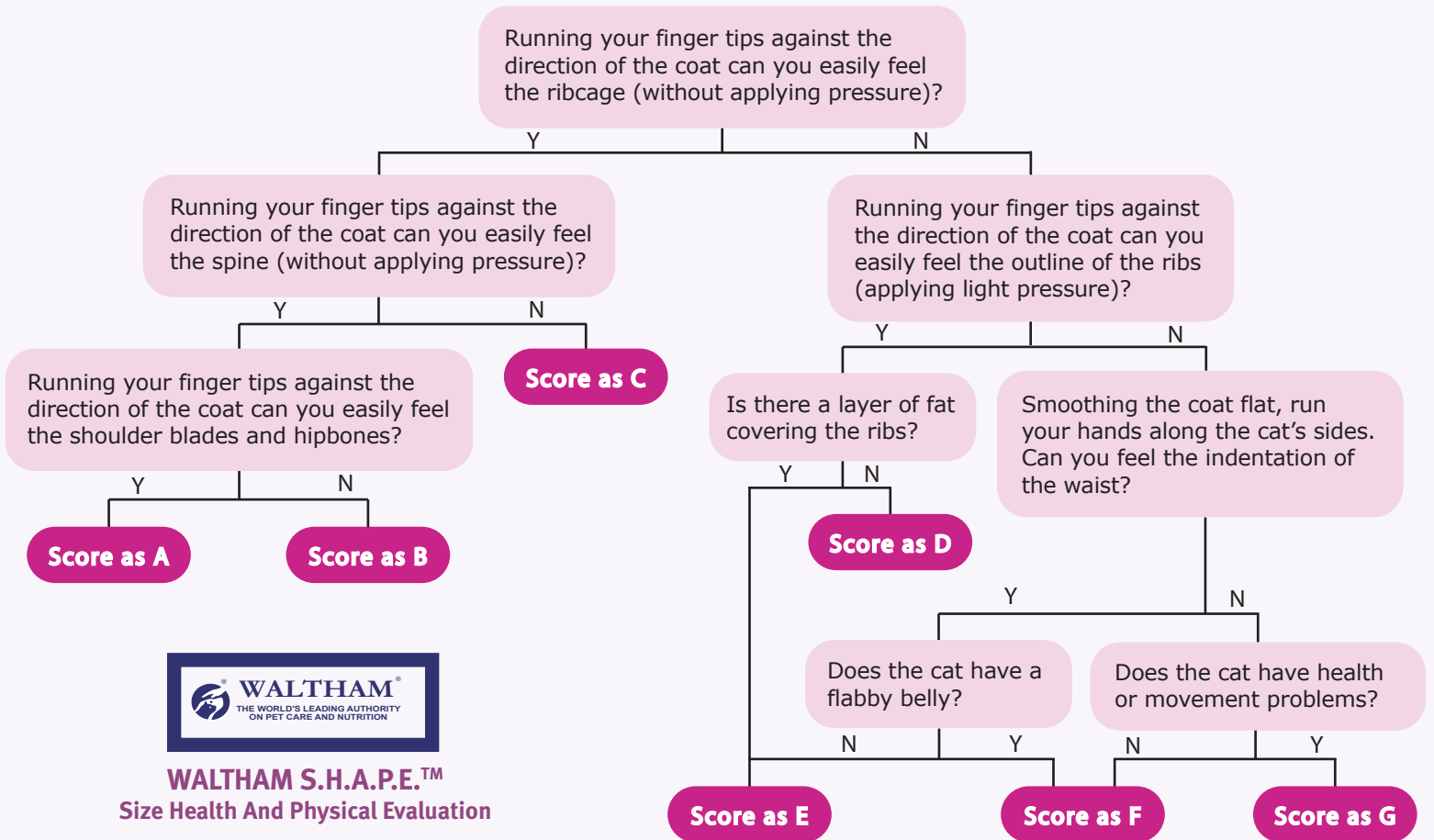


WALTHAM S.H.A.P.E.™ Guide for Cats



WALTHAM S.H.A.P.E.™
Size Health And Physical Evaluation

WALTHAM S.H.A.P.E.™ Score

A - Extremely Thin

Your cat has a very small amount or no total body fat.
Recommendation: Seek veterinary advice promptly.

B - Thin

Your cat has only a small amount of total body fat.
Recommendation: Seek veterinary advice to ensure your cat is offered the appropriate amount of food. Reassess using the WALTHAM S.H.A.P.E.™ chart every 2 weeks.

C - Lean

Your cat is at the low end of the ideal range with less than normal body fat.
Recommendation: Increase food offered by a small amount. Monitor monthly using the WALTHAM S.H.A.P.E.™ chart, seek veterinary advice if no change. Reassess using the WALTHAM S.H.A.P.E.™ chart every 2 weeks.

D - Ideal

Your cat has an ideal amount of total body fat.
Recommendation: Monitor monthly to ensure your cat remains in this category and have him/her checked by the veterinarian at your next visit.

E - Mildly Overweight

Your cat is at the upper end of the ideal range with a small amount of excess body fat.

Recommendation: Seek veterinary advice to ensure your cat is offered the appropriate amount of food and try to increase activity levels. Avoid excessive treats and monitor monthly using the WALTHAM S.H.A.P.E.™ chart.

F - Moderately Overweight

Your cat has an excess of total body fat.
Recommendation: Seek veterinary advice to safely implement an appropriate weight loss plan including increasing activity levels. Reassess using the WALTHAM S.H.A.P.E.™ chart every 2 weeks.

G - Severely Overweight

Your cat has a large amount of excess total body fat that is affecting its health and well being.
Recommendation: Seek veterinary advice promptly to introduce a weight loss plan to reduce your cat's weight, increase activity levels and improve health.